

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: HN

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ardu Daniel

Coaches: Hofmans Francoise HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 50M BACKSTROKE MEN 15+ Heat:13, starttime: 09:44

Heat: 13/13 Lane : 6 Athlete: BENNANI WALID			Q-time: 00:27:97		
PB (50m pool): 00:27.97 Charleroi 15/02/2026			PB (25m pool): 00:27.89 SB: 00:27.97 Charleroi 15/02/2026		
	5 0 M				
PB	00:27.97				
	00:27.97				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 15+ Heat:4, starttime: 10:22

Heat: 4/5 Lane : 2 Athlete: JACOB GEOFFREY			Q-time: 02:17:64		
PB (50m pool): 02:17.64 Antwerpen 27/04/2025			PB (25m pool): 02:14.07 SB: 02:19.64 Antwerpen 17/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.72	01:03.95	01:40.30	02:17.64	
	00:29.72	00:34.23	00:36.35	00:37.34	
					

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 15+ Heat:10, starttime: 10:48

Heat: 10/12 Lane : 2 Athlete: BENNANI MARYAM			Q-time: 01:07:55		
PB (50m pool): 01:07.55 Antwerpen 27/07/2025			PB (25m pool): 01:06.04 SB: 01:10.04 Aalst 26/04/2026		
	5 0 M	1 0 0 M			
PB	00:32.88	01:07.55			
	00:32.88	00:34.67			
					

Coach feedback:

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Event number: 23: 100M BACKSTROKE WOMEN 15+				Heat:11, starttime: 10:50	
Heat: 11/12 Lane : 7 Athlete: LABASSE CLEMENCE				Q-time: 01:07:63	
PB (50m pool): 01:09.44 Aalst 26/04/2026				PB (25m pool): 01:04.33 SB: 01:09.44 Aalst 26/04/2026	
	5 0 M	1 0 0 M			
PB	00:35.04	01:09.44			
	00:35.04	00:34.40			
					

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+				Heat:17, starttime: 12:17	
Heat: 17/17 Lane : 7 Athlete: LABASSE CLEMENCE				Q-time: 00:28:87	
PB (50m pool): 00:29.38 Charleroi 15/02/2026				PB (25m pool): 00:29.22 SB: 00:29.38 Charleroi 15/02/2026	
	5 0 M				
PB	00:29.38				
	00:29.38				
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:17, starttime: 13:06	
Heat: 17/19 Lane : 4 Athlete: BENNANI WALID					Q-time: 02:09:99	
PB (50m pool): 02:09.99 Charleroi 24/05/2026					PB (25m pool): 02:07.61 SB: 02:09.99 Charleroi 24/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:27.83	01:01.49	01:39.93	02:09.99		
	00:27.83	00:33.66	00:38.44	00:30.06		
						

Coach feedback: